



Greetings ArtVan friends! February is the month of love, and in the words of writer and artist Henry Miller.

“The one thing we can never get enough of is love, and the one thing we can never give enough of is love.”

Throughout the winter, ArtVan will be giving you our love through ArtBags and project demonstrations on our YouTube channel. Each ArtBag focuses on a theme and includes a variety of materials and project ideas based on that theme. As always, we encourage you to use these materials in any way you choose!

THE POWER OF LOVE

Materials included: Oil pastels, cardboard tubes, fabric strips, yarn, CDs?

Project Ideas: * Find demonstrations of materials and selected projects on **YouTube: Art Van Program***

1. Using oil pastels on a large cardboard tube, create a “power band” to wear on your wrist or arm. What powers does it give you? How can you use these powers to help others?
2. Use fabric strips to wrap two smaller tubes together to create a pair of binoculars. Use your binoculars to look closely for things you love in your environment (i.e. a favorite color, a friend, a beautiful tree or bird). What can you find when you seek love and beauty, without distraction?
3. Create a mobile (a sculpture that *moves*) by tying tubes and CDs together with yarn or fabric, and decorating pieces with oil pastels. Decorate each part to represent someone or something you love.
4. “Love” is a 4-letter word, what other positive 4-letter words can you think of? (i.e. *Hope, Kind, Grow*). Use oil pastels to decorate a CD with your word and/or images. Use a yarn loop to hang it up!
5. Create a “village” by decorating tubes to look like homes and buildings. Who lives in your village? How do they take care of each other, and the world around them?
6. Create a soft animal, butterfly, or doll by wrapping folded fabric strips together with yarn, and decorating with oil pastels. How would you explain “love” to this new being? How do you show love?
7. A mandala is a circular image that represents connection between everything in the universe. Use oil pastels on a CD to create a pattern that radiates out from the center (like a daisy, or the sun). How are you connected to your family, your community, and the natural environment?
8. Take a walk around your home or neighborhood to collect tiny objects that you find beautiful or remind you of happy memories with loved ones. Create bundles by wrapping them in fabric or yarn. Keep them close to remind yourself of the love in your life, and to attract new, positive experiences.
9. Using all or some of the materials to create a robot that is loving, helpful, and depends on you for its care. What are your powers together? Dependable friendship & companion to hang out with.
10. Using oil pastels draw shapes & symbols to create a “Super Sash” by tying tubes and CDs together with fabric strips. You can wear across your shoulder to the opposite hip.

We would **LOVE** to see what you create! Share photos of your artwork with us at:

facebook.com/artvanprogram & Instagram: @artvan_program